

{ ON THE TOWN }

Be There

In-person events are back on the agenda, just in time for summer! Here are 10 that are filled with fun, laughter and entertainment — and will help you safely return to normal.



July 10

The **ALEMENTARY BREWING COMPANY'S BEER RUN** isn't something out of *Animal House*—it's a 5K for your health with registration fees (\$30) benefiting Hackensack University Medical Center's Tackle Kids Cancer campaign.

Participants can walk or run the course, which begins at 11 a.m. at Alementary Brewing in Hackensack,

and all finishers 21 years and older will get a complementary cold one after the race. For more information and registration details, visit breweryrunningseries.com.

July 11

Dozens of local food vendors all in one place? Count us in! Sample some of the best North Jersey has to offer at **EMPANADA FEST III**, 11 a.m.–7 p.m. at Garden State Plaza in Paramus. From savory meat pies to sweet Italian ice, delicious BBQ and cold beer, there's something for everyone—not just empanada lovers. Tickets are \$6 for adults and \$4 for kids (4 to 10 years old) if purchased in advance; \$8 and \$5, respectively, if purchased on site. Visit megabiteevents.com to buy tickets and for a full list of food vendors and entertainment.



July 12

Stop putting around and register for the "Fore" the **KIDS GOLF CLASSIC**, happening from 11:30 a.m.–8:30 p.m. at Edgewood Country Club in River Vale. Show your support for Bergen County CASA, a nonprofit that advocates for children in the foster care system. Non-golfers can skip the games and attend the evening dinner and festivities, which includes raffles and goodie bags. Tickets and sponsorship packages range from \$75–\$1,900. For more information and registration details visit bidpal.net/golfcasa.



July 14-17

Lay out a blanket or lounge in a lawn chair and enjoy Lyndhurst's **MUSIC UNDER THE STARS** concert series at Town Hall. Two performances will take place each night at 7 and 9 p.m. featuring the following: popular tribute band Eaglemania and



Jessie's Girl on July 14; New Power Soul and NY Bee Gees on the 15th; Legacy and Louis Prima, Jr. on the 16th; Dancin' Machine and Mike DelGuidice of Billy Joel's band on the 17th. Admission is FREE. Visit lyndhurstnj.org for more information.

July 15

Calling all foodies! The **DINING OUT JERSEY FOODIE EXPO** from 6–10 p.m. at The Terrace in Paramus is a food lover's paradise. Attendees will have access to vendors who'll be touting their tasty meats, gelato, seafood and much more. For those ages 21 and older, a special wine tasting is available to help wash down the eats. Admission is \$55. Visit diningoutjersey.com for a full list of vendors and registration details.



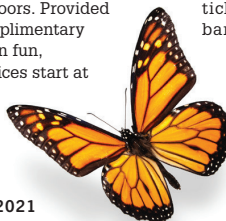
July 16, 23, 30

Just dance! Head to the American Legion Hall in Leonia, grab your partner by the hand and dance the tango. **FRIDAY NIGHT TANGO** happens every Friday in July starting at 7 p.m. Participants of all abilities are invited to learn the Latin American dance from expert members of Club Tango. Register online for free or pay \$15 per person at the door. Refreshments will be served, and participants are encouraged to enter a raffle. Shuffle over to clubtango.net for more info or to sign up now.



July 19-20

Become one with nature during **FAMILY FUN WEEK AT LORRIMER SANCTUARY** in Franklin Lakes. This two-day experience, running from 9 a.m.–12 p.m. each day, offers family bonding in the great outdoors. Provided with a Summer Quest guide and a complimentary exploration kit, families will take part in fun, educational nature-based activities. Prices start at \$150 for the first two participants. There is a \$40 fee for each additional child. Visit njaudubon.org for more information and registration details.



July 24

What is Beethoven's favorite fruit? Ba-na-na-naaaa. Thank you, we'll be here all week, but the **RIDGEWOOD SYMPHONY ORCHESTRA** will not, so catch them when you can at the Summer Series at the Alpine Pavilion starting at 7 p.m. This free night of classical music is no joke. Just bring blankets and chairs. Have kids? This event is perfect for *minors*. See what we did there? Visit ridgewoodsymphony.org for more information and to register.

July 26

The **BVMI GOLF CLASSIC** welcomes you to a day of food, drink and—of course—golf at Arcola Country Club in Paramus. Come out for a fun-filled day benefiting BVMI, a nonprofit that works to provide medical care for low-income individuals in Bergen County. Prices start at \$200, and the program beings at 12 p.m. Registration goes quickly; you don't want to miss your shot. Visit bvmi.org for more information and registration details.



July 29

Hasbrouck Heights' **BANANAS COMEDY CLUB** presents comedian Jeff Allen for one night and one night only starting at 7 p.m. This funnyman's humor is clean, and his comedic resume is long. Allen's routine pokes fun at everyday life and is sure to put a smile on your face. Make it a date night or bring a group of friends. General admission starts at \$44 and includes a two-person table and two tickets. Find tickets and more details at bananascomedyclub.com.



*Editor's note: Due to COVID-19 restrictions, all events are subject to cancellations or changes. Social distancing and masks are required unless otherwise noted.